

HUB

June 2025 Issue 241

Happy Birthday!

Date	ate Resident	
2	May Baker	267
2	Marg O'Neil	851
3	Margaret Taylor	212
5	Anna Marie Van Kuyl	89
6	Sandy Frismanis	80
7	Beth Kemp	413
8	Bridget Barry	4
9	Joe Keri	218
10	Judy Harvey	134
14	Alma Adams	174
15	June Wotherspoon	182
18	Tony Mason	119
22	June Kidd	201
23	Des Gettinby	168
25	lan Cooper	24
25	June Hewitt	210
26	Niesje Hart	61
26	Hazel Burley	146
28	Wayne Bucholtz	256
29	Anne Bugden	817
29	Di McCarthy	37
30	Chris Negline	92
30	Andrew Doogan	144

Happy Anniversary!

Date	Resident	Unit
9	Debbie & lan Tracey	251
10	Merrian & Geoff Kuerschner	270
11	Lynne & Bob Wilmott	823
15	Lyn & Graham Bell	164
17	Patricia and Jim Searle	152
24	Iris & Graeme Sing	14
30	Sally & Allan Harris	160

Welcome!

Resident	Unit
Rose Mayne	162
Barbara Lester	172
Vivien Key	231
Noela Dillon	812





Wednesday Forums Morning tea commences from 9.15am Wednesday 11th June at 9.30am

* Portofino Fashion Parade

Wednesday 18th June at 10.00am

- Manager's and Residents' Committee Forum
 & Budget Presentation
- Residents General Meeting—Constitution Vote

NLRR Residents' Committee Notes June 2025

Hello residents and welcome to the cooler days of June.

The Residents' Committee meeting was held on 13th May.

Residents are invited sometimes to attend the committee meeting as observers. This gives them an insight into how the committee members work together, each with their individual responsibilities.

Members of the Residents' Committee have been developing a new Constitution to present to residents at the Manager's and Residents' Committee Forum on Wednesday 18th June. Come along to vote on rescinding the current Constitution and adopting the new version.

Committee members presented updates on their various portfolios.

The Treasurer presented the Residents' Funds' Financial report, showing more details of some items.

The Social Sub-committee continues to plan various social activities. The entertainer, Michael Whitmore, with a \$5.00 cover charge, was a happy night. The \$20 roast meal for Anzac Day and the coach trip to Mooloolaba were very popular. The Residents' Committee agreed that both events should be subsidised, using residents' funds, thereby giving attendees affordable outings.

A Residents' Activities Showcase is planned for Wednesday 30th July. The presentation of the activities on offer will include a morning tea for residents. A light lunch will be provided for the Activity Leaders as an acknowledgement of their contribution to residents' health and wellbeing.

Welcome morning teas for new residents and their welcome greeters are held regularly. Please welcome your new neighbours and offer to help them settle in.

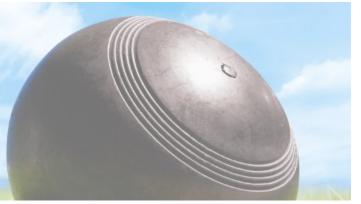
Members of the Security group continue to volunteer with their daily checking of the buildings.

Residents enjoy using the gym equipment and workshop.

Residents are encouraged to express any questions or queries to the Residents' Committee by placing a copy in the Residents' Committee mailbox in the Clubhouse mailroom or email rescmtenlrr@gmail.com

Bronwen Winn, On behalf of NLRR Residents' Committee

Lawn Bowls Coaching Session Monday 23rd June 2025 10am – 12 noon Wendy Wilson, Vice President Queensland Bowls, Queensland Selector and Accredited Bowls Coach will, as promised, give coaching lessons to bowlers and residents interested in playing lawn bowls.





Welcome to the month of June. Half a year has almost gone.

The bar will be open for Friday Night Dinner with raffles and Villa Draw. Be there to **WIN**.

Do not forget our Social Bowls and BYO BBQ on Saturday 7th June. BYO snags that can be cooked on the BBQ.

Come and be dazzled by our beautiful models at our Fashion Parade at 9.30am on Wednesday 11th June. Champagne and

orange juice, tea, coffee and nibbles.

Sunday 15th June is our "Amble Inn on Sunday" afternoon with raffles. BYO nibbles – share a plate with your friends.

Tuesday 17th June be entertained by our fabulous resident musician Inder Naru. Bar will be opened from 4.30pm to 8pm. No meal. BYO nibbles. Visitors welcome. \$5 cover charge.

If you would like to become a Bar Volunteer or the Bar Coordinator, please contact me on 5024.

Thank you lan Cooper



North Lakes Retirement Resort
Will Have The Pleasure Of Hosting A

PORTOF#NO

Fashion Parade

Held in the Town Hall Auditorium

Wednesday 11th June At 10:00am

Morning Tea served at 9:30am









Tea and Coffee will be available
Glass of Champagne/Orange Juice on arrival
Lucky Door Prize \$50 Portofino Gift Voucher
Most Portofino Fashion is manufactured in
Brisbane and Exclusive to Portofino



THE COFFEE HUB

\$14

Beer Battered Snapper, Chips & Coleslaw
Order & pay at The Coffee Hub before 1.30pm Wednesdays

Pick up at The Coffee Hub 12.30pm Fridays

Served in a handy takeaway box, complete with throwaway cutlery —ready for a dine-in delight or a grab-and-go feast!



Dear Residents,

lust a brief one from me this month!

Tunstall alarms- Just wanted to reiterate with you all that activating your Tunstall alarm does not mean



you are automatically taken to hospital. I have heard of several incidents where people have been scared to activate it as they are nervous that they will be taken. Not always the case. An example would be if someone has had a fall and just needs a bit of help to get up- no need to go to hospital. Unless you have hit your head- this should ALWAYS be investigated and the ambulance can advise whether it is necessary to attend hospital or not after assessment.

Please remember to check your pendants/watches monthly as we have had a run of low batteries again lately.

To be safe, can you all also check the expiry dates on your medicines that you may be hanging onto. The active ingredients of drugs can change over time, so please check and discard any expired stock.

Love from

Nurse Lisa

From July 1, Australia's aged care system is changing. The current **Home Care Package Programme** will be replaced by **Support at**



five.good.friends

Home, a new model designed to make aged care simpler, person-centred, and more flexible.

If you're looking for a little extra help around the home, or have been thinking about choosing a new provider, we would be honoured to help you. We've spent 12 months preparing for Support at Home so you can benefit, as much as possible, from the new programme.

Your Nurse Concierge, Leanne, is available to answer your questions and support you through the changes. Leanne is next in the village 27th May and 18th June.

Or contact our Care Advice team on 1300 787 581.



The Craft ladies raised \$380 for Australia's Biggest Morning Tea Cure for Cancer. Sincerely thanks to Jessie, Luke, Tarns, Lisa and team for their generous help and support for this worthy cause.



Hi all,

SPECIAL RESOLUTION

You voted and your voice was clear. A resounding YES to the proposal to maintain the existing caterers in the Town Hall kitchen was delivered. We will now work with both fellas to ensure all opportunities to prosper from their presence are explored.



A big shout out to Luke who was congratulated by the Council Food Safety Inspector who appeared unexpectedly, and a few months early, to check on our operations this past week. Thankfully all the hard work Luke has been doing in relation to general operations in both kitchens ensured he received an outstanding report card. Well done Luke and team. This is a great achievement!

COFFEE HUB

Thanks for your support on the fish 'n chip opening on the last couple of Fridays, where over 35 residents each week have enjoyed the salty selection. Most decided to dine in which was great to see! Keep your eyes peeled for the newest addition to the meal offerings as we are set to launch a Club House Sunday Roast in June. With recent challenges now behind us, we will sit down with Chef Marco and your Committee to discuss our ideas and options for the Town Hall Bistro and hope to launch something soon.

FRONT RECEPTION RENOVATION

We were fortunate to be advised by Levande recently that the \$30K in funds needed for the front reception upgrade have been approved. At a date yet to be determined, sometime in late June, works will commence and this will cause some disruption to the way we serve you. Deb and Billie will likely operate reception services from my office and I will float about between offices. All going well this should only be for a week or so and then we will be back in action. This was the last piece of the renovation puzzle that was omitted at the time so we are pleased to be able to now improve the comfort and functionality of the space for us and the residents.

LEVANDE REBRAND

Levande is set to launch a rebranding and national advertising campaign in early June with print and TV media ads to sell the sizzle to the wider community about how great it is to live in one of our villages. You can continue to do your bit as you have always done and keep the positive vibe going about our Resort to anyone you talk to. Don't forget our Friends to Neighbours referral incentive offer still exists so check in with us on how it can benefit you, and anyone you refer to North Lakes, to the tune of \$1000 each!

Everyday Exceptional*

Cheers,

Darren

ACTIVITIES FOR 2025					
Date / Time	Activity	Location	Activity Leader - Contact		
Sunday 9:30 - 11:30 10:30 am 2:00 - 4:00	International 8 ball Hymns around the piano (Last Sunday of month) The Amble Inn, Bar Open (3rd Sunday of month)	Town Hall Games Area Clubhouse Lounge The Amble Inn, Town Hall	Roger Logan Val Dunn	5185 5852	
Monday					
8:00 - 8.45	Pilates (Fees Apply)	Town Hall Activities Room	John Tendero	5065	
8:30 - 9:30	Keep Fit Exercise Class	Town Hall Auditorium	Hilary Goodman	5053	
9:00 - 10:00	Chair Yoga with Lou (Fees Apply)	Town Hall Activities Room	Sue Crittenden-	5261	
10:00 - 12:00	Menspace Group	Clubhouse Meeting Room	Frank Tanti 5857 or Bob Jackson	5833	
1:00 - 3:00	Lawn Bowls	Bowling Green	Barrie Wheat	5262	
1:30 - 3:00	Scrapbooking	Clubhouse Lounge	Sue Swenson	5158	
1:00 - 3:00	Snooker / 8 Ball	Town Hall Games area	Roger Logan	5185	
1:00 - 3:00	Mah-jong	Clubhouse Lounge	Shirley Smith	5195	
3:00 pm	A Capella Singing	Clubhouse Meeting Room	Jenni Wilson	5096	
Tuesday					
7:00	Golf at Caboolture (Last Tuesday of the month)	Departs from Clubhouse	Bob Jackson	5833	
9:00 - 10:00	Tai Chi - Gentle Exercise	Town Hall Auditorium	Mary Honan	5243	
9:00 - 10:00	Ezy Breathers group (Bimonthly)	Clubhouse Meeting Room	Gloria Grieve	5081	
10:00 - 11:00	Current Affairs (2nd Tuesday of the month)	Serviced Apart. L2 Lounge	Lurline Thomson	5402	
2:00 - 4:00	Inter-church Fellowship	Town Hall Activities Room	Robin Dennis	5242	
2:00 pm	Book Club (2nd Tuesday of the month)	Clubhouse Meeting Room	Merrian Kuerschner	5270	
3:30 - 4:30	Ukulele Beginners	Clubhouse Meeting Room	Daryl Kays	5117	
7:00 pm	Ladies 8 ball/Snooker	Town Hall Games area	Daryl Kays	5117	
Wednesday 8:30 - 9:30 1:00 - 3:30 2:00 - 3:00 2:00 - 3:30 2:00 - 4:00 3:30 pm	Guided Relaxation Meditation Card Games ("500") Ukulele Group & Community Singing Table Tennis Mah Jong Garden Group (3rd of the month)	Clubhouse Meeting Room Clubhouse Lounge Town Hall Activities Room Town Hall Auditorium Clubhouse Lounge Town Hall Activities Room	Chris Negline Anne Maree Bligh Sue Swenson 5158 or Gloria Griev Allan McLaren Shirley Smith Lorraine Petroff	5092 5855 re 5081 5044 5195 5452	
Thursday 9:00 - 10:30 9:00 - 12:00 1:00 - 3:00 1:00 - 3:00 1:30 - 4:00 2:00 pm 3:00 - 3:45	Line Dancing Art Group Indoor Bowls Snooker/8 Ball Craft and Chat Group for Ladies German Speaking Group (Confirm with organiser) Aqua Aerobics	Town Hall Auditorium Town Hall Activities Room Town Hall Auditorium Town Hall Games area Town Hall Activities Room Confirm with Organiser Pool	Noelene Pattinson Lyn Paton 5075 or Ruth Hall Eric Hobart Roger Logan Merrian Kuerschner Erika Lane Daryl Kays	5802 5455 5072 5185 5270 5073 5117	
Friday 8:30 - 9:30 9:30 - 12:00 9:30 - 11:00 9:45 - 10:30 10:30 - 11:15 1:00 - 3:00 2:00 - 3:30	Keep Fit Exercise Class Bridge Players Group Take A Break Zumba (Fees Apply) Pilates (Fees Apply) Lawn Bowls Table Tennis	Town Hall Auditorium Clubhouse Lounge Clubhouse Meeting Room Town Hall Auditorium Town Hall Activities Room Bowling Green Town Hall Auditorium	Hilary Goodman Erika Gibbons Rodney Crawford Heather Stephens John Tendero Barrie Wheat Allan McLaren	5053 5240 5170 5253 5065 5262 5044	
Saturday 10:00 - 11:15 12:45 - 4:00 3:00 pm	Bingo Cards (Pony Canasta) Social Lawn Bowls (1st Saturday followed by BYO BBQ)	Town Hall Auditorium Clubhouse Lounge Bowling Green	Bob Jackson Meet in lounge Grahame Bligh	5833 5855	



NLRR Residents' Committee Social Activities June 2025

Wednesday 4 th June	MENSPACE: REDCLIFFE HARNESS RACING Redcliffe Harness racing, all men are welcome.
Friday 6 th June	FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00 pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw **Subsidised meal: \$20: Roast beef or pork, Apricot Danish**
Saturday 7 th June	SOCIAL BOWLS BAR OPEN 3:00 pm Social bowls and BYO BBQ; Booking form in Town Hall Mailroom, everyone welcome! Grahame Bligh – coordinator
Sunday 8 th June	MUSIC AND FUN: 2:00 to 5:00 Clubhouse Lounge Area
Tuesday 10 th June	BELLCARA BOWLS VISIT 9.15am
Wednesday 11 th June	FASHION PARADE 9:30am Portofino Fashion Parade Town Hall Auditorium Champagne & orange, tea and coffee, nibbles, NLRR models, Fashionable clothes, handbags, jewelry
Friday 13 th June	FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00 pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Sunday 15 th June	AMBLE INN ON SUNDAY SLIDER PLATTERS BAR OPEN 2:00 to 4:00 pm Celebrating birthdays and anniversaries; BYO share plates and nibbles; All residents are welcome. Sliders platters \$20
Tuesday 17 th June	ENTERTAINMENT No meal \$5 cover charge BAR OPEN 4:30 – 8:00 pm Inder Naru entertaining 5:00 - 8:00 pm; BYO nibbles, visitors welcome
Wednesday 18 th June	FORUM CONSTITUTION 10:00 am Manager's and Residents' Committee update to residents; Budget presentation; Morning Tea available Residents' General Meeting to vote on Constitution
Friday 20 th June	FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00 pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Friday 27 th June	FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00 pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw

*Unit / Villa Draw The drawing is held on Friday night at The Amble Inn about 5:00 pm.

You need to be there to win. The unit / villa draw starts at \$100 and will increase by \$10 until it is won.

If it reaches \$200, the draw will continue that night until it is won. It will then revert to \$100.

Social Lawn Bowls

Start time 3pm Saturday June 7th 2025

Next will be 5th July

If interested please put your name on the list that will be located on the Town Hall notice board.

After the game a BBQ will be held at the Town Hall. The bar will be open.

Please bring your own food, plates and cutlery. Everyone welcome.

For further information contact -Grahame Bligh Tel. 5855



Take A Break

Clubhouse meeting room 9.30am Friday!

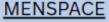
The usual morning tea, chat, games, Guest

Speakers and Entertainers!

All residents are welcome.

For further information contact:

Rodney Crawford Tel.5170



WHAT'S HAPPENING DETAILS.

For your planning (details available at our meetings):

1. 4/6/25: Redcliffe Harness Racing Dinner Night.

2. 10/6/25: Norths Leagues Club morning tea and lunch.

3. **30/7/25:** Brouhaha Brewery – Maleny – lunch and beer tastings.

4. 5/8/25: Ten Pin Bowling - Strathpine and then lunch at the Shopping centre.

YOU CAN CONTACT OR SEE

Frank Tanti #5857, Bob Jackson #5833 re: putting your name down.

PUMP UP DAYS FOR YOUR MOBILITY SCOOTERS
The next one will be on THURSDAY 19th June
From 8:30 to 10:30 am

The van will be parked outside the Condos parking area. Provided by: "Aidacare Health Equipment" Phone: 5330 1029



N, L, R, R, Board Games - Clubhouse



Board Games such as Scrabble and others will be available for residents to enjoy at various times. They will be held in the Clubhouse Lounge in the afternoons If you are interested, please contact: Lurline Thomson on 5402

Hair and Beauty Salon

Tracie, the in-house beauty therapist offers waxing, facials, manicures and pedicures, body or back massages, gel polish for your nails, finger and toenails cut and file, lash and brow tinting.

Hairdressers Joanne and Tricia offer hair styles, hair cuts for men and women, hair colouring, foils, wash and setting, and perms.

Family and friends are welcome. Gift vouchers available.

Regards Tracie, Jo and Tricia.

Please call or call in to discuss any beauty needs. Ext 5205 or 34825205. HAIR & BEAUTY SALON Open Tuesday to Friday.



NORTH LAKES RETIREMENT RESORT

The Craft Barn

(opposite Reception)

Opening Hours: Monday to Friday 9:00 am until Midday

As well as the crafts made by residents we sell several items for daily use such as UHT milk, tea, coffee, dishwashing liquid, toilet rolls, paper towels, tissues & biscuits, remote control batteries for garage doors, batteries & stamps.

Please drop in and say hello. I think you will be pleasantly surprised by what is on offer.

Gift certificates available!

We now accept EFTPOS!

For more information contact Shirley Perry - villa 18 - Tel. 5018



June 2025 SHUTTLE ROSTER

For all events are held at the Town Hall.

For all dinners the service starts at 4.15 pm and returns after dinner.

Fri. 6th	Wendy Burtenshaw	Dinner	Times as above	5808
Fri. 13th	Grahame Bligh	Dinner	Times as above	5855
Tue. 17th	Bronwen Winn	Entertainment Inder Naru	Pick up from 4:30 Drop off - 6:30 & 7:30	5197
Fri. 20th	Jeanette Osborne	Dinner	Times as above	5169
Fri. 27th	Steve Mason	Dinner	Times as above	5193

It is the driver's decision whether the shuttle runs in the rain or not.

Safety is our priority however passengers who ride in the buggy do so at their own risk.



Music & Trivia afternoon

Join us in the Clubhouse from 2pm Sunday 8th June

Coffee & Cake

Quizzes

Enjoy the musical talents of other residents

Prizes galore

Raffle

Enjoy the talents of

other residents

Music

Make a table of 7 or join with others on the day

SUNDAY

in the Town Hall on SUNDAY 15TH JUNE

Bar Open 2:00pm - 4:00pm

Celebrating birthdays & anniversaries

BYO share plates & nibbles





Sliders/Kofta/Fries from Phil The Pantry Man (Please see booking sheets in the mailrooms from Tuesday 27th May)

INDER NARU NIGHT

ENTERTAINMENT ONLY - NO MEAL

BYO Nibbles only - NO EXTERNAL DRINKS



TUESDAY 17TH JUNE

in the
Town Hall Auditorium



\$5.00
COVER CHARGE
(cash or card payment,
payable on the night)

Bar Open 4:30pm - 8:00pm

Entertainment 5:00pm - 8:00pm

Visitors welcome





PARTY

Friday 25th July Town Hall Auditorium

Entertainment by

MENU

COST: \$35.00

Roast Chicken, Potato, Pumpkin & Seasonal Vegetables

Caramel Cheesecake

Bar Open: 4:00pm - 8:30pm

Dinner Starts: 5:15pm

Entertainment: 5:30pm - 8:30pm

Let's C

C is for Colour, C is for Crown, C is for

Camaraderie so come on down. Join in the fun, each and everyone,

Come dressed in your C's, from neck to knees, and

all will be ever so pleased!

Bookings Close: 11:00am, Thursday 17th July or when capacity has been reached.

Booking Sheets will be in the Special Event Folders in the mailrooms from Tuesday 1st July.

COCKTAILS - all at \$4.00 each

Pina Colada Long Island Iced Tea Blue Lagoon Mango Daiquiri

Normal dress is acceptable, but add to the fun by dressing up as someone or something starting with the letter 'C'.

The Administration Office Reception Desk Hours Monday to Friday: 9.00am to 3.00pm



Billie and Deb - Reception Phone 5201

Darren Boyan - Resort Manager Ph 5206

Jessie Randolph - Assistant Manager Ph 5209

Resort Nurse - 8:00am to 3:30pm



Phone 5202 or 0408 986 390



Podiatrist Service Alternate Thursdays at 8.30 am



Gait Way Podiatry
Doctors Room

Bookings can be made by contacting them on 3385 0567



Pathology Service Tuesdays 8.00am to 9.00 am

Sullivan & Nicolaides Doctor's room



No appointment required

Don't forget your referral form and Medicare card



Hearing Aid Maintenance First Tuesday of the month by appointment



Hearing Australia

Maintenance on existing clients hearing aids

Doctor's room

Dates and booking sheets on the notice boards in the Mail Rooms



Dr. Chad Donnelly

Mondays, Wednesdays and Fridays from 8.00am to 10.00am

Appointments required, to book call the Nurse on 5202 Alternative options:

Our Medical North Lakes - walk in clinic -42 North Lakes Drive - open 7days from 7am - 10pm National Home Doctor Service - available from 6pm - 1374-25

*In the event of an Emergency - please use your Tunstall Pendant!