



The HUB

August 2025 Issue 243

Happy Birthday!

Date	Resident	Unit
1	Patricia Harrison	156
1	Cheryl Davey	13
2	Colin Hargreaves	208
4	Tom Stuart	126
5	Grahame Bligh	855
6	Eileen Moores	211
9	Lorraine McPhee	7
12	Lynne Wilmott	823
13	Frank Tanti	857
14	Shelley Kroger	147
15	Nancy Cook	101
15	Ted Dwyer	20
15	Bev Whitehorn	74
17	Bob Jackson	833
18	Maurice Scott	1
18	Lurline Thomson	402
20	Don Bobbermen	252
21	Phyllis Day	227
22	Peter Weir	215
22	Doug Whitehorn	74
25	John Harvey	134
27	Peter Harrison	156
29	Marilex Tomasich	190
30	Kathryn Caughey	58
30	Sally Harris	160
30	Vickie Hanning	217
31	Hilary Euscher	840

Happy Anniversary!

Date	Resident	Unit
2	Melissa & Geoff Haines	264
4	Andy & June Wotherspoon	182
4	Alan & June Hewitt	210
13	Eveline & Richard Krejska	263
21	Penny & David Steele	6
22	Margaret & Daryl Kays	117
25	Ray & June Wilson	43

Welcome!

Resident	Unit
Tom & Carole McGurgan	173
Di Casley-Smith	815

Wednesday Forums

Morning tea commences from 9.15am

Wednesday 6th August 10:00am

* Dying with Dignity presentation

Wednesday 13th August 10:00am

- Brisbane Apollo Male Choir : 10-11:15am
- Ekka Celebrations : 11:15am

Wednesday 20th August 10:00am

* Manager's & Residents' Committee

Manager's Update

I wanted to say thank you to the Staff, Bronwen and the Committee and all the residents who have taken the time to come down for a meet and greet - I have felt very welcome in the village and it has helped me greatly to settle in at North Lakes. As I am sure you are aware by now, I will be working in the village for the coming months to assist residents and staff during this period of transition. I know that this has been an unsettling time for many, but I know that the staff and I are committed to continue delivering great service to residents.



We have had a busy few weeks as we move into the new Financial year and I have spent some time with the Capex team to find out which projects we will be undertaking in the village in order of priority. There are a number of villas and serviced apartments that are currently in the process of reinstatement which keeps us all busy, especially Petra as she finds new residents to join the lovely community that we have here at North Lakes.

Unfortunately this week we have had the village ute stolen from the village at around 6am one morning. The police have reassured us that it appeared to be a random opportunistic crime. However, while we do enjoy the feeling of security in the village, it is an unfortunate reminder that rising crime in our community can sometimes affect us too. It is a reminder for all of us to ensure that we are vigilant and keep our safety top of mind. Hopefully, our ute will be found and returned to us in a few days.

Last week we celebrated all the residents who turned 90 years old this year and it was a fantastic morning tea spread provided by Luke and his team. Billie, Deb and Lisa went all out with the decorations. A big thank you to everyone who made this a special day for the residents - what a wonderful celebration to turn 90 years old!

Jacqui Parker-Nance

Sunday ROAST

Enjoy a delicious roast for just **\$18** served
Sunday's at 12.30 in The Coffee Hub!



ORDER AND PAY AT THE COFFEE HUB BEFORE 1.30PM WEDNESDAYS

Sunday, 10th August: Tasty roast beef with Yorkshire pudding, accompanied by rich gravy, served alongside a medley of roasted vegetables

Sunday, 17th August: Succulent roast pork adorned with crackling, accompanied by rich gravy and apple sauce, served alongside a medley of roasted vegetables.

Sunday, 24th August: Delectable roast chicken, enriched with gravy and stuffing, served alongside a vibrant assortment of roasted vegetables.

Sunday, 31st August: Juicy roast lamb, draped in flavourful gravy and accompanied by mint jelly, served with a selection of roasted vegetables.

FRIDAY FISH & CHIPS

THE COFFEE HUB

\$14

Beer Battered Snapper, Chips & Coleslaw

Order & pay at The Coffee Hub before 1.30pm Wednesdays

Pick up at The Coffee Hub 12.30pm Fridays

Served in a handy takeaway box, complete with throwaway cutlery
—ready for a dine-in delight or a grab-and-go feast!



Residents' Committee Hub Notes :

Hello residents and welcome to August.

The Residents' Committee meeting was held on 8th July. Various items of correspondence were considered and responded to. Bookkeeper, **Marion Wilson**, detailed the Residents' Funds Financial Report. **Ian Cooper**, Bar Coordinator, provided the Amble Inn Bar Report.

John Tendero reported on the 30 + activities for you to enjoy. One of the highlights of the year, the Residents' Activities' Showcase was held on Wednesday 30th July. Residents heard and saw the activities, met and talked to the Activity Leaders and enjoyed refreshments. It was a great opportunity to acknowledge and thank the Activity Leaders for their time and efforts for the residents.

Anne Maree Bligh and the Greeters have been busy welcoming eight new residents. A welcome morning tea will be held in coming weeks. She is also updating the very large volunteer list of services and activities. We are grateful for the volunteer security patrols that check lights, locks etc. every day.

Barry Smith is investigating an aerobic step and light weights for the Gym. The workshop is operating well.

The **Social Sub-committee** comprises of: **Anne Maree Bligh, Phyllis Day, Bob Jackson** and **Bronwen Winn**.

Friday dinners at the Amble Inn are very popular with many raffle and villa draw winners. The Single Bowls Final was held at the Amble Inn on Sunday 20th July. Congratulations to the winner Barrie Wheat and runner-up Bob Pritchard. It was an excellent match. June Hewitt entertained us with some piano tunes. Friday 25th July, the "C" Party, was the social highlight of the year with many wonderful costumes and outfits.

Preparations are well in hand for the Residents' Annual General Meeting to be held on Wednesday 17th September. You are welcome and encouraged to consider nominating for the committee. Have a chat with one of us to find out about how this great team works together for you.

Some thoughts on coping with change

We know you were not happy when we heard about Darren and Jessie. We have all learned throughout our life how to acknowledge and manage changes with work, family, relationships, health and moving here.

I suggest we remember the times we enjoyed with Darren and Jessie. Look around you in the Town Hall Auditorium, around the bar on Friday nights or in that happy, welcoming Coffee Hub. They have left us with a magnificent legacy. The Pop-up Bistro nights, the North Lakes Cup and the Gala Party to celebrate the renovations have given us such special memories.

Also, of course, their outstanding commitment, particularly that of Darren in difficult times such as the careful preparation and aftermath of events such as cyclone Alfred when they worked beyond normal hours of duty.

Large thank you cards have now been collected from the Clubhouse and the Town Hall mailrooms. You are also welcome to complete your own thank you card and hand it in at Reception. We wish Darren and Jessie well and future happiness and success.

Residents are encouraged to express any questions or queries to the Residents' Committee by placing a copy in the Residents' Committee mailbox in the Clubhouse mailroom or email rescmtenlrr@gmail.com.

Bronwen Winn
On behalf of NLRR Residents' Committee



North Lakes Resort

RESIDENTS' COMMITTEE ADVANCE NOTICE OF AGM 2025

The Residents' Committee Annual General Meeting will be held on:
Wednesday, 17th of September 2025 at 10:00 am in the Town Hall.

The Residents' Committee plays a very important role in the operation of the Resort, as it is the only body recognised under the Retirement Villages Act to deal with the Scheme Operator on behalf of the residents.

The current Residents' Committee comprises the following members:
Bronwen Winn, (Chairperson); Anne Maree Bligh (Dep. Chairperson); Rod Ross, (Treasurer); John Tendero, (Secretary); Marion Wilson, (Bookkeeper); Barry Smith; and Phyllis Day.

At the AGM all Committee members will stand down and retire from office, but are eligible, on nomination, for re-election.

Any resident of North Lakes Retirement Resort may nominate a candidate. Residents are encouraged to consider nominating to be a member of the Residents' Committee. Nominations will be very welcome.

Nomination forms will be available in both mailrooms from **Monday 11th of August.**

Completed forms are to be placed in the nomination boxes in the Town Hall and Clubhouse Mailrooms.

Nominations will close on Wednesday, 27th August at 1:30 pm.

Bronwen Winn,
Chairperson,
North Lakes Retirement Resort Residents' Committee



NLRR Lawn Bowls Singles Final

*Congratulations to both Barrie and Bob for an excellent game with the result going down to the last end.
Well played gentlemen.*

Hi All,

As you may have heard, or seen flyers around, I have organised a forum for **August 6** in the Town Hall on Dying with Dignity. This will not be a depressing event-more hoping to be positive and uplifting, trying to dispel fear associated with dying. Palliative Care has progressed amazingly since I first started my training all those years ago, and in recent years I have been privileged enough to be part of the journey with both parents, several friends and many clients.



The guest speakers come with a wealth of knowledge and will be happy to answer any questions after. I will also have brochures for several different options for funerals and pre-paid plans. I hope many of you will join us. If you could either let me know or write your names on the sheets under the flyers in the mail rooms, just so I have an idea of numbers.

Just a reminder that if you are feeling unwell, please remain at home and avoid contact with other residents and staff to help reduce the risk of spreading illness. If you must leave your home for any reason, please ensure you wear a mask. Additionally, please note that Dr Donnelly requires appointments for all consultations. Be sure to book ahead if you need to see him.

Nurse Lisa



The care you need right now

With the new Support at Home program coming in late 2025, there's a lot of talk about changes. However, your care shouldn't wait. Starting services as soon as your funding is assigned means you'll get the care and support you need straight away. Whether it's help around the home, getting to appointments, or simply someone to share a cuppa and a chat, we'll help you make the most of your budget now and support you through the transition to Support at Home.

Book a free consultation with your Nurse Concierge using the booking sheets on the notice board in the mailroom near reception. Or contact our Care Advice team on 1300 787 581.

Dying with Dignity

August 6 Town Hall

Morning Tea from 9.15am

10.00am start

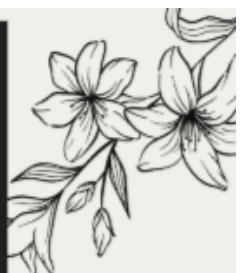
Join us for an uplifting morning with guest speakers taking the myths away and explaining processes from planning wills through to what measures are used to ensure a pain free and peaceful passing.

Any questions prior, please don't hesitate to contact me.

Nurse Lisa 5202

Sadly Geoff Rayner passed away on July 13th . Our heartfelt thanks to all our friends in the village for your caring messages, it is like a warm blanket of care to help all our family at this time. It means such a lot. Geoff was happy living here and I feel very comforted at this sad time by all our friends in the village.

Thank you all, Helen



ACTIVITIES FOR 2025

Date / Time	Activity	Location	Activity Leader - Contact
Sunday 9:30 - 11:30 10:30 am 2:00 – 4:00	International 8 ball Hymns around the piano (Last Sunday of month) The Amble Inn, Bar Open (3rd Sunday of month)	Town Hall Games Area Clubhouse Lounge The Amble Inn, Town Hall	Roger Logan 5185 Val Dunn 5852
Monday 8:00 - 8:45 8:30 - 9:30 9:00 - 10:00 10:00 - 12:00 1:00 - 3:00 1:30 - 3:00 1:00 - 3:00 1:00 - 3:00 3:00 pm	Pilates (Fees Apply) Keep Fit Exercise Class Chair Yoga with Lou (Fees Apply) Menspace Group Lawn Bowls Scrapbooking Snooker / 8 Ball Mah-jong A Capella Singing	Town Hall Activities Room Town Hall Auditorium Town Hall Activities Room Clubhouse Meeting Room Bowling Green Clubhouse Lounge Town Hall Games area Clubhouse Lounge Clubhouse Meeting Room	John Tendero 5065 Hilary Goodman 5053 Sue Crittenden 5261 Frank Tanti 5857 or Bob Jackson 5833 Barrie Wheat 5262 Sue Swenson 5158 Roger Logan 5185 Shirley Smith 5195 Jenni Wilson 5096
Tuesday 7:00 9:00 - 10:00 9:00 - 11:00 2:00 - 4:00 2:00 pm 3:30 - 4:30 7:00 pm	Golf at Caboolture (Last Tuesday of the month) Tai Chi - Gentle Exercise Ezy Breathers group (Bimonthly) Inter-church Fellowship Book Club (2nd Tuesday of the month) Ukulele Beginners Ladies 8 ball/Snooker	Departs from Clubhouse Town Hall Auditorium Clubhouse Meeting Room Town Hall Activities Room Clubhouse Meeting Room Clubhouse Meeting Room Town Hall Games area	Bob Jackson 5833 Mary Honan 5243 Gloria Grieve 5081 Robin Dennis 5242 Merrian Kuerschner 5270 Daryl Kays 5117 Daryl Kays 5117
Wednesday 8:30 - 9:30 1:00 - 3:30 2:00 - 3:00 2:00 - 3:30 2:00 - 4:00 3:30 pm	Mindfulness Meditation Card Games ("500") Ukulele Group & Community Singing Table Tennis Mah Jong Garden Group (3rd of the month)	Clubhouse Meeting Room Clubhouse Lounge Town Hall Activities Room Town Hall Auditorium Clubhouse Lounge Town Hall Activities Room	Chris Negline 5092 Anne Maree Bligh 5855 Sue Swenson 5158 or Gloria Grieve 5081 Allan McLaren 5044 Shirley Smith 5195 Lorraine Petroff 5452
Thursday 9:00 - 10:30 9:00 - 12:00 1:00 - 3:00 1:00 - 3:00 1:30 - 4:00 2:00 pm 3:00 - 3:45	Line Dancing Art Group Indoor Bowls Snooker/8 Ball Craft and Chat Group for Ladies German Speaking Group (Confirm with organiser) Aqua Aerobics	Town Hall Auditorium Town Hall Activities Room Town Hall Auditorium Town Hall Games area Town Hall Activities Room Confirm with Organiser Pool	Noelene Pattinson 5802 Lyn Paton 5075 or Ruth Hall 5455 Eric Hobart 5072 Roger Logan 5185 Merrian Kuerschner 5270 Erika Lane 5073 Daryl Kays 5117
Friday 8:30 - 9:30 9:30 - 12:00 9:30 - 11:00 9:45 - 10:30 10:30 - 11:15 1:00 - 3:00 2:00 - 3:30	Keep Fit Exercise Class Bridge Players Group Take A Break Zumba (Fees Apply) Pilates (Fees Apply) Lawn Bowls Table Tennis	Town Hall Auditorium Clubhouse Lounge Clubhouse Meeting Room Town Hall Auditorium Town Hall Activities Room Bowling Green Town Hall Auditorium	Hilary Goodman 5053 Erika Gibbons 5240 Rodney Crawford 5170 Heather Stephens 5253 John Tendero 5065 Barrie Wheat 5262 Allan McLaren 5044
Saturday 10:00 - 11:15 12:45 - 4:00 3:00 pm	Bingo Cards (Pony Canasta) Social Lawn Bowls (1st Saturday followed by BYO BBQ)	Town Hall Auditorium Clubhouse Lounge Bowling Green	Bob Jackson 5833 Meet in lounge Grahame Bligh 5855

NLRR Residents' Committee Social Activities August 2025

Friday 1st August	FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Saturday 2nd August	SOCIAL BOWLS BAR OPEN 3:00pm Social bowls and BYO BBQ; Booking form in Town Hall Mailroom, everyone welcome! Grahame Bligh – coordinator
Tuesday 5th August	MENSPACE —TEN PIN BOWLING Strathpine Ten Pin Bowling and lunch at Strathpine Shopping Centre All men are welcome
Wednesday 6th August	FORUM - INFORMATION SESSION 10:00am Dying with Dignity Guest speakers will be presenting on this topic Morning Tea available
Friday 8th August	FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Wednesday 13th August	BRISBANE APOLLO MALE CHOIR 10:00 to 11:15am Followed by Ekka celebrations – free sausage sizzle & ice cream Town Hall
Friday 15th August	FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Sunday 17th August	AMBLE INN ON SUNDAY : BAR OPEN 12:30 – 4:00pm Celebrating birthdays and anniversaries Phil: Food 12.30—1.30pm Inder Naru: 2.00—3.00pm BYO share plates & nibbles. All welcome
Wednesday 20th August	FORUM - MANAGER & RESIDENTS COMMITTEE 10:00am Update to residents Coffee Hub & Beauty Salon vouchers to be drawn Morning tea available
Wednesday 20th August	MENSPACE —REDCLIFFE HARNESS RACING
Friday 22nd August	CR JODIE SHIPWAY 10:00am Clubhouse
Friday 22nd August	FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Friday 29th August	FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00pm Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw

Social Lawn Bowls

Start time 3pm

Saturday 2nd August 2025

Next will be 6th September 2025

If interested, please put your name on the list that will be located on the Town Hall notice board.

After the game a BBQ will be held at Town Hall. The bar will be open.

Please bring your own food, plates and cutlery.

Everyone welcome.

For further information contact -
Grahame Bligh Tel. 5855

Take A Break

Clubhouse meeting room 9.30am Friday!

The usual morning tea, chat, games, Guest Speakers and Entertainers!

All residents are welcome.

For further information contact:
Rodney Crawford Tel.5170



MENSPACE

WHAT'S HAPPENING DETAILS

For your planning (details available at our meetings):

5/8/25: Ten Pin Bowling—Strathpine and then lunch at the shopping centre

20/8/25: Redcliffe Harness Racing

YOU CAN CONTACT

Frank Tanti #5857, Bob Jackson #5833 re: putting your name down

PUMP UP DAYS FOR YOUR MOBILITY SCOOTERS

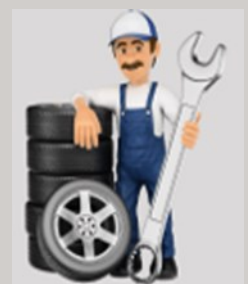
The next one will be on **THURSDAY 21st August**

from 8.30am to 10.30am

The van will be parked outside the Condos parking area.

Provided by: "Aidacare Health Equipment"

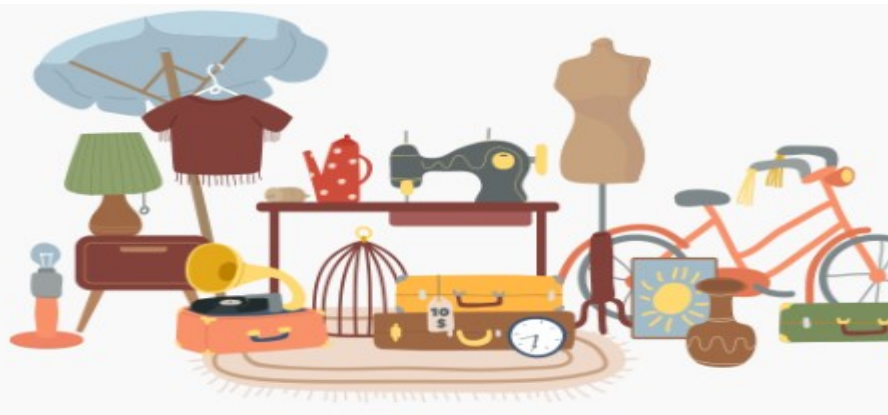
Phone: 5330 1029



Bring and Take

will be held from the
11th—14th September in the
Town Hall Auditorium

Start clearing out your
cupboards in preparation for
our favourite time of the year!



Hair and Beauty Salon

Tracie, the in-house beauty therapist offers waxing, facials, manicures and pedicures, body or back massages, gel polish for your nails, finger and toenails cut and file, lash and brow tinting.

Hairdressers Joanne and Tricia offer hair styles, hair cuts for men and women, hair colouring, foils, wash and setting, and perms.

Family and friends are welcome. Gift vouchers available.

Regards Tracie, Jo and Tricia.

Please call or call in to discuss any beauty needs. Ext 5205 or 34825205.

Open Tuesday to Friday.



HAIR & BEAUTY SALON

NORTH LAKES RETIREMENT RESORT



The Craft Barn

(opposite Reception)

Opening Hours: Monday to Friday 9:00 am until Midday

As well as the crafts made by residents we sell several items for daily use such as UHT milk, tea, coffee, dishwashing liquid, toilet rolls, paper towels, tissues & biscuits, remote control batteries for garage doors, batteries & stamps.

Please drop in and say hello. I think you will be pleasantly surprised by what is on offer.

Gift certificates available!

We now accept EFTPOS!

For more information contact
Shirley Perry - villa 18 - Tel. 5018

AUGUST 2025 SHUTTLE ROSTER

For all dinners, the **service starts at 4.00 pm and returns after dinner.**

Fri. 1st	Steve Mason	Dinner	Times as above	5193
Fri. 8th	Jeanette Osborne	Dinner	Times as above	5169
Fri 15th	Wendy Burtenshaw	Dinner	Times as above	5808
Fri. 22nd	Grahame Bligh	Dinner	Times as above	5855
Fri 29th	Stephanie O'Sullivan	Dinner	Time as above	5246

It is the driver's decision whether the shuttle runs in the rain or not.

Safety is our priority. However, passengers who ride in the buggy do so at their own risk.

QIMR BERGHOFER

TOUR & LUNCH

A tour to QIMR BERGHOFER facility has been arranged for

Tuesday 23rd September 2025.

The tour includes a presentation in their auditorium, a guided laboratory visit, the opportunity to hear from some of the leading medical researchers and morning tea.

Afterwards we will venture to the Broncos Leagues Club where you can invest a few dollars and/or purchase your own lunch before returning to the resort about 3:00 pm.

There is no cost associated with the QIMR tour and hopefully we can find a couple of residents who would be willing to drive themselves and 3 residents & together with the resort bus the cost will be minimal. The money would be used for the bus and drivers' fuel and parking at the hospital.

Cost per head \$10

If interested, please put your name and unit no. together with \$10 in an envelope into Mail Box 833.

As noted above, we need at least 2 private cars to manage this cost.

THE AMBLE INN

ON

SUNDAY

in the Town Hall
on

SUNDAY 17TH AUGUST

Bar Open 12:30pm - 4:00pm

Celebrating birthdays & anniversaries

Inder Naru - 2:00pm to 3:00pm

BYO share plates & nibbles
Food from Phil The Pantry Man
12:30pm to 1:30pm

ALL RESIDENTS & FAMILIES ARE MOST WELCOME





BRISBANE APOLLO MALE CHOIR

TOWN HALL
Wednesday 13th August, 2025
Morning Tea from 9:30am



Ekka Celebrations

Wednesday 13th August
Town Hall 11.15am, following the
Brisbane Apollo Male Choir

FREE
SAUSAGE
SIZZLE &
ICE CREAM



The Administration Office

Reception Desk Hours Monday to Friday: 9.00am to 3.00pm



Billie and Deb - Reception Phone 5201

Jacqui Parker-Nance - Resort Manager Ph 5206

Resort Nurse - 8:00am to 3:30pm

Phone 5202 or 0408 986 390



Podiatrist Service

Alternate Thursdays at 8.30 am

Gait Way Podiatry

Doctors Room

Bookings can be made by contacting them on 3385 0567



Pathology Service

Tuesdays 8.00am until last client

Sullivan & Nicolaides

Doctor's room

No appointment required

Don't forget your referral form and Medicare card



Hearing Aid Maintenance

First Tuesday of the month by appointment

Hearing Australia

Maintenance on existing clients hearing aids

Doctor's room

Dates and booking sheets on the notice boards in the Mail Rooms



Dr. Chad Donnelly

Mondays, Wednesdays and Fridays from 8.00am to 10.00am

Appointments required, to book call the Nurse on 5202

Alternative options:

Our Medical North Lakes - walk in clinic -

42 North Lakes Drive - open 7days from 7am - 10pm

National Home Doctor Service - available from 6pm - 1374-25

***In the event of an Emergency – please use your Tunstall Pendant!**