



# The HUB

July 2025 Issue 242

## Happy Birthday!

Date	Resident	Unit
2	Cherie Baddouche	118
10	Bronwen Winn	197
10	Lyn Conroy	31
11	Ian Tracey	251
13	Mary Honan	243
13	Elizabeth McLeish	93
13	Arthur Samuelson	116
16	Lesley Wilson	199
16	Barrie Wheat	262
17	Kevin Daniels	48
19	Yvonne Watt	83
20	Julie Atkins	79
21	Brian Powell	171
22	Ron Behan	238
27	Denise Logan	185
27	Bernie Beveridge	111
29	Iris Sing	14
30	Allan Harris	160

## Happy Anniversary!

Date	Resident	Unit
8	Lisa & Rodney Crawford	170
11	Brian & Gem Powell	171
19	Merle & Tom Stuart	126
26	Julia & Des Holston	130
26	Arthur & Beverley Samuelson	116

## Welcome!

Resident	Unit
Beth & Greg Wessling	104
Mark & Kathleen McKinnon	85
Carmel & Dennis Lowcock	49
John Welsh	411

## Wednesday Forums

***Morning tea commences from 9.15am***

**Wednesday 9th July 10.00am**

\* RACQ presentation: The Years ahead

**Wednesday 16th July 10.00am**

\* Manager's & Residents' Committee

**Wednesday 30th July 9.15am—12noon**

\* Residents Activities Showcase

## Residents' Committee Hub Notes: July 2025

Hello residents. No doubt you may be wearing jumpers, scarves or beanies with this cooler weather.

The Residents' Committee meeting was held on 10<sup>th</sup> June.

Committee members presented updates on their various responsibilities. The Treasurer faced computer program problems before the meeting. The Residents' Funds' Financial report will be available when the matter is fully resolved. Residents adopted a new Constitution at the Forum on 18<sup>th</sup> June. Copies are stored in the Library and Town Hall mailroom.

*Music and Fun* was a well-attended, popular afternoon. With a \$5.00 cover charge, Inder Naru provided happy entertainment for dancers and those who enjoy listening to music. Six residents were models for the Portofino Fashion Parade. The Bar Coordinator and Menspace group volunteers served the champagne and orange. Portofino donated \$200 to residents' funds as a percentage of the sales.

I hope you have your costume organised for the "C" Party on 25<sup>th</sup> July. Fancy dress is not compulsory. You can make up tables of eight for this highlight night of the year. Forms are on the noticeboards. Cocktails will be available too.

A Residents' Activities Showcase is planned for Wednesday 30<sup>th</sup> July. The presentation of the activities on offer will include a morning tea for residents. Activity Leaders will enjoy a light lunch as a thank you for their conducting their group activity.

Welcome morning teas for new residents and their welcome greeters are held in the *Coffee Hub* regularly. Please welcome your new neighbours and offer to help them settle in. Their names are on page one of *The Hub*.

Members of the Security group volunteer with their daily checking of the buildings.

Residents continue to enjoy using the gym equipment. Contact Barry Smith for guidance on using the gym equipment or Workshop.

Residents are encouraged to express any questions or queries to the Residents' Committee by placing a copy in the Residents' Committee mailbox in the Clubhouse mailroom or email [rescmtenlrr@gmail.com](mailto:rescmtenlrr@gmail.com)

Bronwen Winn  
On behalf of NLRR Residents' Committee





Welcome to the month of July - the Tax Man cometh.

Your Amble Inn bar is open for your regular Friday Night dinner and raffles.

**Friday 4<sup>th</sup> July** – Friday night Dinner & Raffles

**Saturday 5<sup>th</sup> July** – Social Bowls and BYO BBQ

**Friday 11<sup>th</sup> July** – Friday Night Dinner & Raffles

**Friday 18<sup>th</sup> July** – Friday Night Dinner & Raffles

**Sunday 20<sup>th</sup> July** – Our “Amble Inn on Sunday” afternoon from 2pm to 4pm with Raffles

**Friday 25<sup>th</sup> July** – Enjoy a great night at our “C” Party. Bar opens 4pm – 8pm with cocktails and entertainment

Do not forget to come dressed in costume in a “C” theme i.e. Cowboy, Clown, Cook etc.

If you would like to become a Bar Volunteer or the Bar Coordinator, please contact me on 5024.

Thank you, Ian Cooper



Dear Residents,

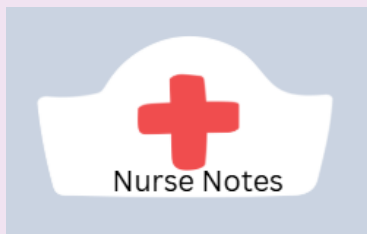
Thank you to all who have promptly filled out your health profiles when I have sent them for updating, and a gentle reminder for those that need to, to please update.

August the 6<sup>th</sup>, I am planning a presentation in the Town Hall on dying with dignity and on hopefully answering some questions, and lifting the fear associated with passing. I am organizing several speakers so watch this space.

It pains me to mention that stocks disappear regularly from the first aid kit in the pool area. This is not acceptable and I hope it ceases. Stocks are there for emergencies only.

Please remember to test your Tunstall, both the base and personal alarms monthly. Nag, nag, nag!!

Nurse Lisa



# FRIDAY

## FISH & CHIPS

→ **THE COFFEE HUB** ←

**\$14**

Beer Battered Snapper, Chips & Coleslaw

Order & pay at The Coffee Hub before 1.30pm Wednesdays

Pick up at The Coffee Hub 12.30pm Fridays

Served in a handy takeaway box, complete with throwaway cutlery —ready for a dine-in delight or a grab-and-go feast!



## Activities for Residents

# RESIDENTS ACTIVITIES SHOWCASE

## Audio / Visual Presentation

**TOWN HALL - WEDNESDAY – 30<sup>th</sup> July**

**9:15 am—12:00 noon**

There are many activities held in the Resort that are available to all residents. But some residents, particularly newer ones, may not be familiar with them.

The aim of this presentation is to inform residents of what is available and encourage residents to participate in the many activities on offer.

**There will be a slide and video display of all the activities, and short talks given by the activity leaders.**

After the presentation, residents will have the opportunity to talk with the Activity Leaders and obtain more information or arrange to join the group.

All residents are encouraged to come along to see and hear the presentation.

**And at the same time, enjoy good refreshments.**



***The Shuttle will operate from the Clubhouse from 9.00 am – return after 11.30 am.***

### Kitchen Confidential with Chef Luke

A warm thank you to all the residents who continue to enjoy our classic Friday Fish 'n' Chips and comforting Sunday Roast. Your support means the world, and we look forward to serving up many more delicious meals for you.

Recently, I had the pleasure of sampling some exquisite Tasmanian truffles, thanks to our friends at King St Meat Co. It was a delicious and eye-opening experience—did you know Australia is home to over 300 truffle farms and produces several different varieties? We're truly spoilt for choice!

Our Winter menu is now in full swing for the serviced apartments, featuring hearty slow-cooked meals and warming soups. If you're quick, you might even snag one of these comforting dishes from the Coffee Hub, where selected meals are available daily as a take-home option.

And don't forget—freshly prepared pick-up meals are available seven days a week. These tasty, nutritious options can be ordered via the meal order sheet.

Stay warm and well-fed, Chef Luke

## NORTH LAKES RETIREMENT RESORT RESIDENTS CONSTITUTION

The Constitution may only be altered, rescinded or added to at a general meeting of residents with majority consent.

The Residents' Committee determined that it was desirable to revise the Constitution; it would be impractical to amend the current Constitution and that it should be rescinded and replaced.

To this effect, a notice of a General Meeting to be held on the 18<sup>th</sup> of June to vote yes or no on the adoption of the proposed Constitution was given to all residents on the 1<sup>st</sup> of June 2025.

At the General Meeting, 73 residents were registered to vote in person or by proxy.

The results of the vote were 64 voted YES; 4 voted NO and 5 abstained or were absent.

Consequently, the Chairperson of the Residents' Committee declared that the proposed Constitution was considered endorsed and adopted.

The copies of the previous Constitution in the Library and the Town Hall mailroom have been replaced. Copies of the new Constitution can be obtained from the Secretary of the Residents' Committee by either a written request placed in the Residents' Committee mailbox or by sending an email to: [rescmtenlrr@gmail.com](mailto:rescmtenlrr@gmail.com)

Bronwen Winn

Chairperson  
NLRR Residents' Committee

John Tendero

Secretary  
NLRR Residents' Committee



The Australian Government recently announced that the new Support at Home program will now begin on **1 November 2025**, instead of the previously planned 1 July 2025.

Leanne will be in the village on Friday 19<sup>th</sup>, Tuesday 22<sup>nd</sup> and Tuesday 29<sup>th</sup> July and has a booking sheet on the notice board in the mailroom near reception.

### Support at Home Presentation

I will be attending the Support at Home Presentation on Tuesday 22<sup>nd</sup> at 1:30pm on the TV near the cafe.

### What this means for you:

- If you currently receive support under the Home Care Package program, your funding and services will continue as normal. There will be no changes until the new program starts 1 November.
- If you are receiving support under the CHSP programme, the Government has stated there will be no changes until July 2027 at the earliest.

If you are new to home care or thinking of switching providers, we'd be honoured to help - we're ready to support you now, and through the transition to Support at Home.

**Contact our Care Advice team on 1300 787 581 with questions or visit**  
[www.fivegoodfriends.com.au/support-at-home/](http://www.fivegoodfriends.com.au/support-at-home/)



# ACTIVITIES FOR 2025

ACTIVITIES FOR 2025			
Date / Time	Activity	Location	Activity Leader - Contact
<b>Sunday</b> 9:30 - 11:30 10:30 am 2:00 – 4:00	<b>International 8 ball</b> <b>Hymns around the piano (Last Sunday of month)</b> <b>The Amble Inn, Bar Open (3rd Sunday of month)</b>	Town Hall Games Area Clubhouse Lounge The Amble Inn, Town Hall	<b>Roger Logan 5185</b> <b>Val Dunn 5852</b>
<b>Monday</b> 8:00 - 8:45 8:30 - 9:30 9:00 - 10:00 10:00 - 12:00 1:00 - 3:00 1:30 - 3:00 1:00 - 3:00 1:00 - 3:00 3:00 pm	<b>Pilates (Fees Apply)</b> <b>Keep Fit Exercise Class</b> <b>Chair Yoga with Lou (Fees Apply)</b> <b>Menspace Group</b> <b>Lawn Bowls</b> <b>Scrapbooking</b> <b>Snooker / 8 Ball</b> <b>Mah-jong</b> <b>A Capella Singing</b>	Town Hall Activities Room Town Hall Auditorium Town Hall Activities Room Clubhouse Meeting Room Bowling Green Clubhouse Lounge Town Hall Games area Clubhouse Lounge Clubhouse Meeting Room	<b>John Tendero 5065</b> <b>Hilary Goodman 5053</b> <b>Sue Crittenden 5261</b> <b>Frank Tanti 5857 or Bob Jackson 5833</b> <b>Barrie Wheat 5262</b> <b>Sue Swenson 5158</b> <b>Roger Logan 5185</b> <b>Shirley Smith 5195</b> <b>Jenni Wilson 5096</b>
<b>Tuesday</b> 7:00 9:00 - 10:00 9:00 - 11:00 10:00 - 11:00 2:00 - 4:00 2:00 pm 3:30 - 4:30 7:00 pm	<b>Golf at Caboolture (Last Tuesday of the month)</b> <b>Tai Chi - Gentle Exercise</b> <b>Ezy Breathers group (Bimonthly)</b> <b>Current Affairs (2nd Tuesday of the month)</b> <b>Inter-church Fellowship</b> <b>Book Club (2nd Tuesday of the month)</b> <b>Ukulele Beginners</b> <b>Ladies 8 ball/Snooker</b>	Departs from Clubhouse Town Hall Auditorium Clubhouse Meeting Room Serviced Apart. L2 Lounge Town Hall Activities Room Clubhouse Meeting Room Clubhouse Meeting Room Town Hall Games area	<b>Bob Jackson 5833</b> <b>Mary Honan 5243</b> <b>Gloria Grieve 5081</b> <b>Lurline Thomson 5402</b> <b>Robin Dennis 5242</b> <b>Merrian Kuerschner 5270</b> <b>Daryl Kays 5117</b> <b>Daryl Kays 5117</b>
<b>Wednesday</b> 8:30 - 9:30 1:00 - 3:30 2:00 - 3:00 2:00 - 3:30 2:00 - 4:00 3:30 pm	<b>Guided Relaxation Meditation</b> <b>Card Games ("500")</b> <b>Ukulele Group &amp; Community Singing</b> <b>Table Tennis</b> <b>Mah Jong</b> <b>Garden Group (3rd of the month)</b>	Clubhouse Meeting Room Clubhouse Lounge Town Hall Activities Room Town Hall Auditorium Clubhouse Lounge Town Hall Activities Room	<b>Chris Negline 5092</b> <b>Anne Maree Bligh 5855</b> <b>Sue Swenson 5158 or Gloria Grieve 5081</b> <b>Allan McLaren 5044</b> <b>Shirley Smith 5195</b> <b>Lorraine Petroff 5452</b>
<b>Thursday</b> 9:00 - 10:30 9:00 - 12:00 1:00 - 3:00 1:00 - 3:00 1:30 - 4:00 2:00 pm 3:00 - 3:45	<b>Line Dancing</b> <b>Art Group</b> <b>Indoor Bowls</b> <b>Snooker/8 Ball</b> <b>Craft and Chat Group for Ladies</b> <b>German Speaking Group (Confirm with organiser)</b> <b>Aqua Aerobics</b>	Town Hall Auditorium Town Hall Activities Room Town Hall Auditorium Town Hall Games area Town Hall Activities Room Confirm with Organiser Pool	<b>Noelene Pattinson 5802</b> <b>Lyn Paton 5075 or Ruth Hall 5455</b> <b>Eric Hobart 5072</b> <b>Roger Logan 5185</b> <b>Merrian Kuerschner 5270</b> <b>Erika Lane 5073</b> <b>Daryl Kays 5117</b>
<b>Friday</b> 8:30 - 9:30 9:30 - 12:00 9:30 - 11:00 9:45 - 10:30 10:30 - 11:15 1:00 - 3:00 2:00 - 3:30	<b>Keep Fit Exercise Class</b> <b>Bridge Players Group</b> <b>Take A Break</b> <b>Zumba (Fees Apply)</b> <b>Pilates (Fees Apply)</b> <b>Lawn Bowls</b> <b>Table Tennis</b>	Town Hall Auditorium Clubhouse Lounge Clubhouse Meeting Room Town Hall Auditorium Town Hall Activities Room Bowling Green Town Hall Auditorium	<b>Hilary Goodman 5053</b> <b>Erika Gibbons 5240</b> <b>Rodney Crawford 5170</b> <b>Heather Stephens 5253</b> <b>John Tendero 5065</b> <b>Barrie Wheat 5262</b> <b>Allan McLaren 5044</b>
<b>Saturday</b> 10:00 - 11:15 12:45 - 4:00 3:00 pm	<b>Bingo</b> <b>Cards (Pony Canasta)</b> <b>Social Lawn Bowls (1st Saturday followed by BYO BBQ)</b>	Town Hall Auditorium Clubhouse Lounge Bowling Green	<b>Bob Jackson 5833</b> <b>Meet in lounge</b> <b>Grahame Bligh 5855</b>

# NLRR Residents' Committee

## Social Activities

### July 2025

Friday 4 <sup>th</sup> July	<b>FRIDAY NIGHT DINNER BAR OPEN 4:00 to 7:00 pm</b> Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Saturday 5 <sup>th</sup> July	<b>SOCIAL BOWLS BAR OPEN 3:00 pm</b> Social bowls and BYO BBQ; Booking form in Town Hall Mailroom, everyone welcome! Grahame Bligh – coordinator
Wednesday 9 <sup>th</sup> July	<b>RACQ PRESENTATION—THE YEARS AHEAD 10.00 am</b> Coffee Hub & Beauty Salon vouchers to be drawn Morning tea available
Friday 11 <sup>th</sup> July	<b>FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00 pm</b> Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Wednesday 16 <sup>th</sup> July	<b>FORUM MANAGER &amp; RESIDENTS COMMITTEE 10.00 am</b> Update to residents Coffee Hub & Beauty Salon vouchers to be drawn Morning tea available
Friday 18 <sup>th</sup> July	<b>FRIDAY NIGHT DINNER : BAR OPEN 4:00 to 7:00 pm</b> Dinner in the restaurant; Booking forms in Mailrooms; Raffles and Lucky Unit / Villa Draw
Sunday 20 <sup>th</sup> July	<b>AMBLE INN ON SUNDAY : BAR OPEN 2:00 – 4:00 pm</b> Open Singles Bowls Final Celebrating birthdays and anniversaries; BYO share plates & nibbles All residents are welcome
Friday 25 <sup>th</sup> July	<b>"C" PARTY : BAR OPEN 4:00 to 8:30 pm</b> Kings of the 50's entertaining 5.30—8.30pm Booking & table booking forms in mailrooms Gift card raffle
Wednesday 30 <sup>th</sup> July	<b>RESIDENTS ACTIVITIES SHOWCASE 9.15 am</b> Showcase of the Resident's Activities at NLRR for residents to enjoy. Morning Tea available
Wednesday 30 <sup>th</sup> July	<b>MENSPACE: MALENY</b> Brouhaha Brewery. Lunch & Beer Tasting. All men are welcome!

**\*Unit / Villa Draw** The drawing is held on Friday night at The Amble Inn about 5:00 pm.

You need to be there to win. The unit / villa draw starts at \$100 and will increase by \$10 until it is won.

If it reaches \$200, the draw will continue that night until it is won. It will then revert to \$100.

### Social Lawn Bowls

**Start time 3pm**

**Saturday 5th July 2025**

Next will be 2nd August 2025

If interested, please put your name on the list that will be located on the Town Hall notice board.

After the game a BBQ will be held at Town Hall. The bar will be open.

**Please bring your own food, plates and cutlery.**

**Everyone welcome.**

For further information contact -  
Grahame Bligh Tel. 5855

### Take A Break

**Clubhouse meeting room 9.30am Friday!**

The usual morning tea, chat, games, Guest Speakers and Entertainers!

All residents are welcome.

For further information contact:  
Rodney Crawford Tel.5170



### **MENSPACE**

#### WHAT'S HAPPENING DETAILS

For your planning (details available at our meetings):

**30/7/25:** Brouhaha Brewery, Maleny—lunch and beer tastings

**5/8/25:** Ten Pin Bowling—Strathpine and then lunch at the shopping centre

#### YOU CAN CONTACT

Frank Tanti #5857, Bob Jackson #5833 re: putting your name down

### PUMP UP DAYS FOR YOUR MOBILITY SCOOTERS

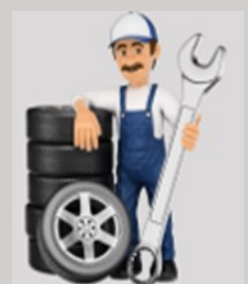
The next one will be on **THURSDAY 21st August**

from 8.30am to 10.30am

The van will be parked outside the Condos parking area.

Provided by: "Aidacare Health Equipment"

Phone: 5330 1029







## Board Games - Clubhouse



Board Games such as Scrabble and others will be available for residents to enjoy at various times. They will be held in the Clubhouse Lounge in the afternoons. If you are interested, please contact: **Lurline Thomson on 5402**

### Hair and Beauty Salon

Tracie, the in-house beauty therapist offers waxing, facials, manicures and pedicures, body or back massages, gel polish for your nails, finger and toenails cut and file, lash and brow tinting.

Hairdressers Joanne and Tricia offer hair styles, hair cuts for men and women, hair colouring, foils, wash and setting, and perms.

Family and friends are welcome. Gift vouchers available.

Regards Tracie, Jo and Tricia.

Please call or call in to discuss any beauty needs. Ext 5205 or 34825205. **HAIR & BEAUTY SALON**

Open Tuesday to Friday.



### The Craft Barn

(opposite Reception)

*Opening Hours: Monday to Friday 9:00 am until Midday*

As well as the crafts made by residents we sell several items for daily use such as UHT milk, tea, coffee, dishwashing liquid, toilet rolls, paper towels, tissues & biscuits, remote control batteries for garage doors, batteries & stamps.

Please drop in and say hello. I think you will be pleasantly surprised by what is on offer.

Gift certificates available!

We now accept EFTPOS!

For more information contact  
Shirley Perry - villa 18 - Tel. 5018

### JULY 2025 SHUTTLE ROSTER

For all dinners, the **service starts at 4.00 pm and returns after dinner.**

Fri. 4 <sup>th</sup>	Ian Cooper	Dinner	Times as above	5024
Fri. 11 <sup>th</sup>	Stephanie O'Sullivan	Dinner	Times as above	5246
Fri 18 <sup>th</sup>	Wendy Burtenshaw	Dinner	Times as above	5808
Fri. 25 <sup>th</sup>	Steve Mason	"C" Party – Dinner	Pick-up from 4.30 Drop-off 6.30 & 7.30	5193
Wed. 30 <sup>th</sup>	Keith Shailer	Residents Activities Showcase	Pick-ups from 9.00 from the Clubhouse Returns after 11.30	5856

It is the driver's decision whether the shuttle runs in the rain or not.

**Safety is our priority. However, passengers who ride in the buggy do so at their own risk.**

# QIMR BERGHOFER

## TOUR & LUNCH

A tour to QIMR BERGHOFER facility has been arranged for

**Tuesday 23<sup>rd</sup> September 2025.**

The tour includes a presentation in their auditorium, a guided laboratory visit, the opportunity to hear from some of the leading medical researchers and morning tea.

Afterwards we will venture to the Broncos Leagues Club where you can invest a few dollars and/or purchase your own lunch before returning to the resort about 3:00 pm.

There is no cost associated with the QIMR tour and hopefully we can find a couple of residents who would be willing to drive themselves and 3 residents & together with the resort bus the cost will be minimal. The money would be used for the bus and drivers' fuel and parking at the hospital.

**Cost per head \$10**

If interested, please put your name and unit no. together with \$10 in an envelope into Mail Box 833.

As noted above, we need at least 2 private cars to manage this cost.

# THE AMBLE INN

ON

# SUNDAY

in the Town Hall  
on  
SUNDAY 20TH JULY

*Bar Open 2:00pm - 4:00pm*

Celebrating birthdays & anniversaries

BYO share plates & nibbles

Open Singles Bowls Final

*ALL RESIDENTS & FAMILIES ARE MOST WELCOME*





# INFORMATION FORUM

## 9<sup>th</sup> July at 10am Town Hall

Presented by RACQ

The RACQ Years Ahead program is a 45-minute safety and awareness program, aimed at helping people drive safely for longer.

Topics covered will include:

- \* A review of crash statistics
- \* Changes to the road rules such as merging, roundabouts & U-turns
- \* Driver behaviour
- \* Medical reporting rules
- \* Alternative transport options

# LETTER C PARTY

Friday 25th July  
Town Hall Auditorium

### MENU

**COST : \$35.00**

Roast Chicken, Potato, Pumpkin & Seasonal Vegetables  
Caramel Cheesecake

Bar Open : 4:00pm - 8:30pm  
Dinner Starts : 5:15pm  
Entertainment : 5:30pm - 8:30pm

Let's **C**

**C** is for **C**olour, **C** is for **C**rown, **C** is for  
**C**amaraderie .... so come on down.

Join in the fun, each and everyone,

**C**ome dressed in your **C**'s, from neck to knees, and  
all will be ever so pleased!

Entertainment by



Bookings Close : 11:00am, Thursday 17th July  
or when capacity has been reached.

Booking Sheets will be in the Special Event Folders in  
the mailrooms from Tuesday 1st July.

**COCKTAILS - all at \$4.00 each**

Pina Colada Long Island Iced Tea  
Blue Lagoon Mango Daiquiri

Normal dress is acceptable, but add to the fun by  
dressing up as someone or something starting with the  
letter '**C**'.

## The Administration Office

**Reception Desk Hours Monday to Friday: 9.00am to 3.00pm**



Billie and Deb - Reception Phone 5201  
 Darren Boyan - Resort Manager Ph 5206  
 Jessie Randolph - Assistant Manager Ph 5209  
 Resort Nurse - 8:00am to 3:30pm  
 Phone 5202 or 0408 986 390



## Podiatrist Service

**Alternate Thursdays at 8.30 am**

Gait Way Podiatry  
 Doctors Room



Bookings can be made by contacting them on 3385 0567



## Pathology Service

**Tuesdays 8.00am to 9.00 am**

Sullivan & Nicolaides  
 Doctor's room



No appointment required

Don't forget your referral form and Medicare card



## Hearing Aid Maintenance

**First Tuesday of the month by appointment**

Hearing Australia

Maintenance on existing clients hearing aids

Doctor's room



Dates and booking sheets on the notice boards in the Mail Rooms



## Dr. Chad Donnelly

**Mondays, Wednesdays and Fridays from 8.00am to 10.00am**

Appointments required, to book call the Nurse on 5202

Alternative options:

Our Medical North Lakes - walk in clinic -

42 North Lakes Drive - open 7days from 7am - 10pm

National Home Doctor Service - available from 6pm - 1374-25

**\*In the event of an Emergency – please use your Tunstall Pendant!**